

Women's
Commission
of Southwest Louisiana
I N C O R P O R A T E D



**WOMEN'S
FALL
CONFERENCE**

*Amelia Rose
Earhart*

2026 Women's Fall Conference
Keynote Speaker

**Thursday,
October 22**
LAKE CHARLES EVENT CENTER



A MESSAGE FROM

The Conference Chair

CELEBRATING WOMEN: The Healing of Mind, Body, and Soul



This year's theme, "Celebrating Women: The Healing of Mind, Body, and Soul," speaks to the heart of who we are and what so many women need in this season of life. Women often devote themselves to caring for their families, workplaces, and communities, yet we must also remember the importance of caring for ourselves.

I am truly honored by the confidence placed in me to lead this meaningful and transformative gathering. The mission of this conference, to encourage healing and wellness in the mind, body, and soul resonates deeply with both my professional values and my personal commitment to empowering women.

I am especially excited to welcome our keynote speaker, Amelia Rose Earhart, whose remarkable journey embodies courage, determination, resilience, and the willingness to pursue bold dreams. Her story reminds us that we are capable of navigating uncertainty, rising above challenges, and charting new courses for our

lives. I believe her message will inspire every woman in attendance to embrace her own journey with renewed confidence, purpose, and possibility.

Our vision is to create an experience that inspires women to pause, reflect, restore, and reconnect with the dreams and passions that ignite their spirits. We want every woman who attends to leave feeling renewed, encouraged, and empowered to establish meaningful goals, embrace her unique purpose, and pursue personal wellness and success.

I look forward to collaborating with our dedicated organizing committee to create a space that is not only educational, but also welcoming, uplifting, and restorative. My goal as Conference Chair is to ensure that every participant feels seen, supported, valued, and inspired to begin or continue her own journey toward healing and wholeness.

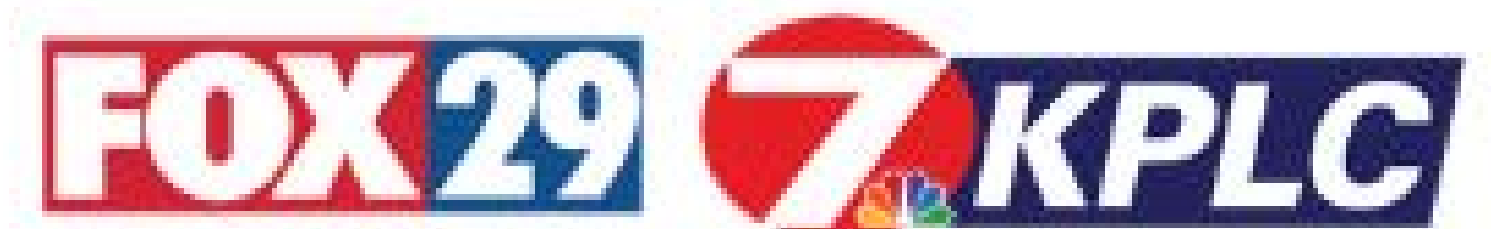
Thank you for this incredible opportunity to serve the women of Southwest Louisiana. Together, we will celebrate the strength, resilience, beauty, and limitless potential found within every woman.

Angela Jouett
FALL CONFERENCE CHAIR

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Lake Charles
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Health System



REGISTER NOW AT WWW.WOMENSCOMMISSIONSWLA.COM

2026 WOMEN’S FALL CONFERENCE KEYNOTE SPEAKER:

Amelia Rose Earhart

Amelia Rose Earhart was given the name Amelia Earhart, which prompted her to learn to fly. As a professional speaker, pilot, author, and artist, she faced this opportunity head-on and chose to fully commit, completing her private, instrument, and commercial flight training with the dream of flying around the world, much like the legendary American hero she was named after, Amelia Mary Earhart.

In 2014, she achieved her goal of circumnavigating the globe along a 28,000 nautical mile route in a single-engine aircraft. Amelia believes the most important lesson from her journey is that true success and personal growth require embracing life’s turbulence by staying agile amidst the storms that inevitably arise on our paths.



Amelia has fifteen years of experience as a helicopter and breaking news reporter in Denver and Los Angeles. She has sent numerous teenage girls to flight school during her ten-year tenure as president of the Fly With Amelia Foundation, hosts a tech podcast focused on the future of AI in business, and is currently transforming her aerial photos into original paintings. She has been invited by companies like Apple Computers, Boeing, American Express, Berkshire Hathaway, United Healthcare, and many other industry leaders to share her story.

In her recently published book, “Learn to Love the Turbulence: Flight Lessons” on becoming the pilot in command of your own journey, Amelia shares insights on how to think like a pilot, moving through life with agility and confidence.



2026 Commissioners

Jasmine Abel	Linda Lebert Corbello	Kim Goad-Myers	Krystle Johnson	Marlana O’Key	Bernadette Seaberry
Melisa Adrian	Patricia Chretien Daigle	Donna Green	Midette Jones	Karla O’Reilly	Crystal Scott
Verda Anthony	Orleana Davis	Dr. Harriet Green	Sandra Jones	Angel Papadimitriou	Stephanie Seemion
Anita Barker	Markita Davis	Rev. Mary Guidry-Ringo	Angela Jouett	Pamela Perry	Shawntel Simmons
Sharon Bayard	Becky Franks Delaney	Jan Guillory	Jade King	Brittany Pete	Kathy Sonnier
Gwennette Bellard	Sybil Douglas	Leslie Harless	MaryAnn Kohnke-Borel	Thail Pete	Carol Spence
Amber Bellard	Cheryl Duhon	Cynthia Hawkins	Debra Lastrapes	Juanita Poland	Bernadette Stevens
Sa’Trica Williams Bensaadat	Marilyn Dunn	Pamela Hawkins	Sandy Laurel	Patricia Prudhomme	Elizabeth Stewart
Jeanine Blaney	Vicki Dupre	Cheryl Heisser	Dorothy Leger	Ijanea Pryor	Beverly St. Mary
Susan Blevins	Elaine Dyer	Carol Henry	Ashley Lincoln	Chante Rankins	Tammy Thibodeaux
Debbie Boudreaux	Ashley Edwards	Debbie Holt	Rose Malveaux	Marianne Rankins	Cynthia Tomlinson
Roxanne Boxie	Mia England-McKay	Velika Hurst-Trahan	Carol Ann Martin	Diana Rentrop	Bettye Tousaint
Prissy Bult	Daelynn Flagg	Ashley Jackson	Ollie Mayes	Andrea Robinson	Nancy Hinch Tower
Kimmie Carriaga	JoAnn Frank	Bridget Jackson	Anita McMorris	Dr. Dinah Robinson	Jody Tyler Espinosa
Stefanie Clemons	Zelda Fry	Frances Jeffords	Cinica Miller	Stephanie Rodrigue	Melonie Wallace
Joanie Cormier	Cheryl Fuselier	Amanda Fontenot Johnson	Roma Mitchell	Cynthia L Roy (Miller)	Brenda Wilkinson
Laurie Cormier	Loretta Gallien	Debra Johnson	Anna Murphy	Princella Ryan	

FALL CONFERENCE

SESSION I

9:00 – 9:40am



West Calcasieu Cameron Hospital

West Calcasieu Cameron Hospital **PLATINUM SPONSOR**

BREAST HEALTH: FROM SCREENING TO SURVIVORSHIP

Heather LaBauve

Breast Health Manager

Knowing makes the difference! Learn how to be proactive to preserve your breast health. Explore new options and resources available in our community.

"BEAT THE BURNOUT"

Lauren Henry MS, PLPC, Mental Health Counselor

Feeling stuck, overwhelmed or burned out? This is the session you need to reclaim balance, restore energy, and learn to navigate and thrive in life.



Lake Charles

Memorial

Health System

Lake Charles Memorial Hospital **PLATINUM SPONSOR**

JUDY JETSON'S GUIDE TO MODERN GYNECOLOGY!

Jessica Cole, MD OB/GYN

As robotic technology is increasingly integrated into everyday life, its revolutionizing women's healthcare. Join us to discover this innovative technology that's changing women's healthcare one procedure at a time.

"FORGIVENESS, HEALING & SELF-RESTORATION"

Tonya Bailey Jones

Author, Pod Cast Host, Business Owner

This speaker creates a space where women encounter God's love and discover that no story is beyond redemption!

"TODAY'S WOMEN - NEW MINDSET!"

Claire Marceaux

Community Affairs & Social Responsibility Manager

Claire will share her extensive knowledge of navigating your career path, finances and image to propel you forward.

SESSION II

10:10-11:00am



Judge Ron Richard **PLATINUM SPONSOR**

"THE WOMEN'S GUIDE TO BUYING & SELLING REAL ESTATE"

Judge Ron Richard

Landmark Title Services of Lake Charles

Learn how to navigate real estate transactions through the lens of a women. Come hear this panel of experts break down all you need to know to gain the knowledge for a smooth journey.

"LEADERSHIP LEVERAGE - MANAGING UP & DOWN!"

Dr. Mechelle Robinson

Certified Master Trainer & CEO

Learn strategies to successfully manage relationships in the workplace that will empower you to excel in your career!

WORKSHOPS 2026



Ochsner Hospital PLATINUM SPONSOR

"BEYOND THE BATHROOM!"

Olamide Omidele, MD

An engaging discussion on women's bladder, urinary and pelvic health. Learn about common conditions, treatments and practical strategies for maintaining urologic wellness and improving quality of life!

"BE WHO YOU WERE MEANT TO BE!"

Nomica Guillory

Author, Motivational Speaker & Manager

Everyone goes through struggles, it is how you respond that determines success or disappointment. Nomica will share her wisdom to inspire you to be more fulfilled in life.

"SHOW ME THE MONEY!"

Chad Miller, CEO

Southwest Louisiana Credit Union

Improve your money management. Gain control over your financial well-being by implementing the tips and skills to gain financial stability.

SESSION III

1:30-3:00pm

Diva Power Panel Limited to 150 Participants!

"DIVA DIALOGUE"

Katie Little • Mary Ringo • Hope Snider

The "Diva Dialogue" is a game changer! Join this frank and enlightening panel discussion with these triple threat panelists. Ask these 3 leading ladies your questions about real life issues: relationships, mental health, self worth, spiritual matters and more. Come for a real treat!

SESSION IV

1:45-2:30pm



"ZUMBA CLASS"

Carolina Caballero & Nesmar Mendez

Zumba Instructor

Come enjoy this fun-filled class!

"CAJUN 911 CUISINE"

Tammy Jumel

Bayou Cajun Cook & Cocktail Queen

A dash of this and a pinch of that. .. a new healthier way to cook using the herbs that are better for us!



"MOVE STRONG"

Dr. Jonathan Foret

Orthopaedic Surgeon

Dr. Jonathan Foret with the Center for Orthopaedics will discuss why certain joint problems and sports injuries are more common in women, from knee and shoulder injuries to overuse conditions. This seminar will explore the factors that put women at greater risk, common warning signs and practical steps for prevention, treatment and staying active.



*Women's
Commission
of Southwest Louisiana*
INCORPORATED

Legacy of Leadership

36 YEAR HISTORY

PRESIDENTS

1989 Penny Houston
1990 Lisa Ferguson
1991 Daphne Saxby Oliver
1992 Wava Reigel
1993 Dr. Harriet Green
1994 Carole Blair
1995 Anne Chitty
1996 De Ann Derbonne
1997 Beverly Gradney St. Mary
1998 Sattaria "Tari" Dilks
1999 Karen Barrington
2000 Linda LeBert-Corbello
2001 Carol Machado Henry
2002 Cindy Morrissey
2003 Debbie Acuff
2004 Betty Harlow Anderson
2005 Karen Drewett
2006 Betty Harlow Anderson
2007 Melisa McMillian Adrian
2008 Melisa McMillian Adrian
2009 Pamela Stracener Golding
2010 Angela Worley Pierson
2011 Fran Clophus
2012 Debra Lastrapes
2013 Debbie Boudreaux
2014 Sue Conn
2015 Krystle Johnson
2016 Krystle Johnson
2017 Tammy Thibodeaux
2018 Tammy Thibodeaux
2019 Cynthia Tomlinson
2020 Kathy Sonnier
2021 Kathy Sonnier
2022 Carol Henry
2023 Velika Hurst-Trahan
2024 Cynthia L. Roy
2025 Dorothy Leger
2026 Amanda Fontenot Johnson

FALL CONFERENCE CHAIRPERSONS

1990 Lisa Ferguson
1991 Wava Reigel
1992 Dr. Harriet Green
1993 Carole Blair
1994 Anne Chitty
1995 De Ann Derbonne
1996 Beverly St. Mary
1997 Sattaria Dilks
1998 Karen Barrington
1999 Erica Toatley

2000 Carol Henry
2001 Cindy Morrissey
2002 Debbie Acuff
2003 Karen Drewett
2004 Melisa McMillian Adrian
2006 Melisa McMillian Adrian
2007 Melonie Himel
2008 Pamela Stracener Golding
2009 Angela Guth
2010 Fran Clophus
2011 Debra Lastrapes
2012 Debbie Boudreaux
2013 Sue Conn
2014 Krystle Johnson
2015 Dena Everage
2016 Tammy Thibodeaux
2017 Selena Cisneros
2018 Cynthia Tomlinson
2019 Kathy Sonnier
2020 Carol Henry
2021 Carol Henry
2022 Velika Hurst-Trahan
2023 Cynthia L. Roy
2024 Dorothy Leger
2025 Amanda Johnson
2026 Angela Jouett

JACK V. DOLAND AWARD RECIPIENTS

1991 Joanna S. Viccellio
1992 Willie L. Mount
1993 Leona Clements
1994 Blanche Michel
1995 Rose Spencer
1996 Angela Miller
1997 Dr. Lajuana Lee
1998 Dr. Nancy Shepard
1999 Faye Barnhart
2000 Evelyn Cloutman
2001 Bertha Stoner
2002 Rosalie "Poddy" Champeaux
2003 Judge Patricia H. Minaldi
2004 Koni Bridges
2006 Anne Gillett Monlezun
2007 Jennifer Jones
2008 Ann Polak
2009 Clarice Raichel
2010 Pearl Cole
2011 Dr. Susan Jones
2012 Jennie Finch Daigle
2013 Christy Papania Jones

2014 Ethel Precht
2015 Stella B. Miller
2016 Jeri Christ Landry
2017 Judge Lilynn Cutrer
2018 Dianne Frelot
2019 DeWanna Tarver
2021 Sister Miriam MacLean
2022 Kelli Stawecki
2023 Jacqueline J. Green
2024 Erin Davidson
2025 Dr. Tammy Mitchell

KEYNOTE SPEAKERS

1990 Devon O'Day
1991 Dr. Ruth Westheimer
1992 Judge Ellen Morphonios
1993 Mary Landrieu
1994 Mary Lou Retton
1995 Ann Jillian
1996 Cathy Lee Crosby
1997 Trisha Hessinger
1998 Bertrice Berry
1999 Phyllis Yvonne Stickney
2000 Morgan Fairchild
2001 Kim Alexis
2002 Peggy Fleming
2003 Naomi Judd
2004 Mariel Hemingway
2006 Barbara Mandrell
2007 Dixie Carter
2008 Debbie Allen
2009 Meredith Baxter
2010 Jane Pauley
2011 Vicki Lawrence
2012 Joan Lunden
2013 Leigh Anne Tuohy
2014 Star Jones
2015 Leeza Gibbons
2016 Phylicia Rashad
2017 Genevieve Gorder
2018 Tamron Hall
2019 Taya Kyle
2021 Marilu Henner
2022 Dr. Melva K. Williams
2023 Korie Robertson
2024 Judge Lynn Toler
2025 Jackie Joyner-Kersey
2026 Amelia Rose Earhart

Registration:

ONLINE: Register at www.womenscommissionswla.com.
Registration Cost – \$50.
Deadline is Friday, October 9, 2026 at 11:59 p.m.

MAIL-IN: Complete this form, and mail with check/money order for \$50 (payable to Women's Commission of SWLA, Inc.) to the address listed at the bottom of this form. **Must be postmarked on or before Friday, October 9, 2026.**

ON-SITE: Available at the Lake Charles Event Center Ticketmaster Box Office Monday, October 19, 2026 until Thursday, October 22, 2026 (day of Conference). The cost of on-site registration is \$60 plus a service fee per person for the entire day, or any portion of the day. Credit cards will be accepted at Ticketmaster during on-site registration.

ATTENDEE INFORMATION:

Last Name: _____

First Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Daytime Phone: _____ Alt./Cell Phone: _____

How did you hear about the conference?

☐ Commissioner ☐ Billboard ☐ Social Media ☐ THRIVE ☐ TV ☐ Other

SPECIAL SERVICES: If you require special accommodations, please check below):

☐ I will need handicap access ☐ I am hearing impaired/hard of hearing

☐ **MAIL-IN:** \$50.00 (Mail must be postmarked on/before Friday, October 9, 2026)
Check/Money Order # _____

Mail Completed form, with check or money order to:
Women's Commission of SWLA - Registration
PO Box 6712, Lake Charles, LA 70606

GROUP INFORMATION:

☐ **TABLE OF 8 FOR \$500.00**
Online: Please click on link to complete list of participants
Mail-in: Please include list of attendees on a separate sheet of paper

☐ **Group Registration - \$50.00 per person**
Online: Please click on link to complete list of participants
Mail-in: Please include list of attendees on a separate sheet of paper

PLEASE USE ONE FORM PER PERSON TO REGISTER.

This form can be duplicated as needed.

FOR COMMITTEE USE ONLY:

Postmark Date: _____ Check/Money Order # _____ Amt: _____

Marketplace Application:

Name of Business or Agency as it should appear on print materials: _____

Marketing Agency Name, if different than Business Name: _____

Items you will be displaying or selling: _____

Business Address (Street, City/State/Zip): _____

Contact Person: _____

Daytime Phone Number: _____

Website Address: _____

Email Address: _____

Table Registration and Fees: Include a 10 x 10 ft. space provided with two passes. Please review the Marketplace Guidelines enclosed and posted on the website.	Price Per Table	TOTAL
Early Bird Registration – Starts April 3, 2026. Fee must be paid in full. Envelope must be postmarked by June 30, 2026 which is the deadline.	\$175.00	
Regular Registration – Starts July 1, 2026. Fee must be paid in full. Envelope must be postmarked by September 16, 2026 which is the deadline.	\$225.00	
Late Registration – Starts September 17, 2026. Fee must be paid in full. Envelope must be postmarked by October 6, 2026 which is the deadline.	\$250.00	
Additional Worker Passes: ☐ YES ☐ NO \$40.00 per pass: Total: \$		
I will provide my own table covering! ☐ YES ☐ NO		
(\$5.00 per white table cloth if we provide) ☐ YES ☐ NO		
TOTAL PAYMENT ENCLOSED		

Name of Worker #1 _____

Worker #1 Email Address: _____

Name of Worker #2 _____

Worker #2 Email Address: _____

NOTE: Each vendor must furnish his or her own electrical extension cord(s) and equipment. For companies that allow only one vendor per event, the first to register will have priority. Vendors table placement is based on first-come, first-served basis. Floor Preference (**cannot be guaranteed**)

Additional Comments: _____

Payment and form may be submitted by check or money order no later than the deadline stated above. You **must** return this form with your check made payable to:

Women's Commission of SWLA, Inc. - MarketPlace
P.O. Box 6712, Lake Charles, LA 70606

QUESTIONS:

Please contact: Jade King, MarketPlace Chairperson (337) 274-2732, or
Roxanne Boxie, MarketPlace Co-Chair (337) 274-8452,
or email marketplace@womenscommissionswla.com

CANCELLATION POLICY:

\$25.00 non-refundable fee. Balance may be refunded if canceled by September 20, 2026. No refunds will be granted on or after September 24, 2026.

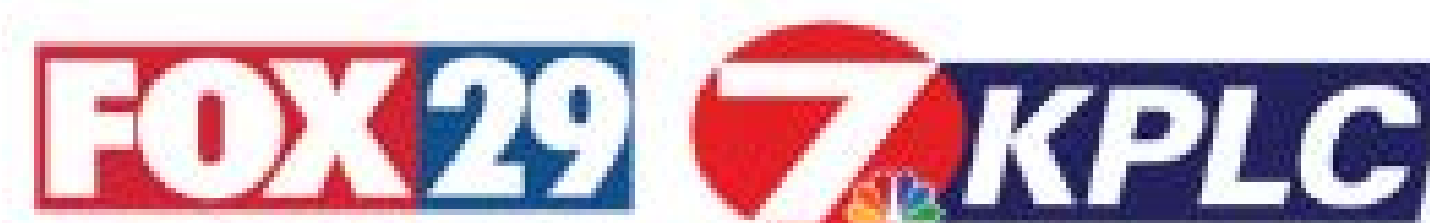
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